NMSU Youth Sports Camp



Camper's Field Guide 2022

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GET READY FOR AN ADVENTURE!

The NMSU Youth Sports Camp Staff is excited to have you with us! We hope that your Camper is ready for a week of games, smiles, and fun. We have prepared this Field Guide to better prepare Campers for their Session with us, please read through it completely with your Camper prior to their first day.

Mission Statement

The NMSU RecSports Youth Sports Camp provides an engaging sports and development experience for children ages 5-12. The Camp develops a wide variety of fundamental physical activity skills that are inherent to a healthy lifestyle and a lifetime of physical fitness. This is accomplished through 7 week-long Sessions where Campers will engage in indoor and outdoor age-appropriate activities.

Camp Registration

Applications and payment are due the **WEDNESDAY** before each Session begins; one Application per Camper is required. A complete Application consists of:

- Sports Camp 2022 Registration Application Card
- Signed Informed Consent and Assumption of Risk Form
- Signed Medical Consent and Treatment Authorization Form
- Signed Code of Conduct Form
- Relevant Payment: 1-Time Registration Fee per Camper and All Session Fees.

Card only. Payment and registration can be made at the NMSU Activity Center, Rm.101.

Sessions and Fees

Camp:

(\$70)	Session 1	June 13 - June 17
	Session 2	June 20 – June 24
(\$25)	Session 3	June 27 – July 1
(\$35)	Break	No Session July 4 - 8
	Session 4	July 11 – July 15
	Session 5	July 18 – July 22
	Session 6	July 25 – July 29
	(\$25)	(\$25) (\$35) Session 2 Session 3 Break Session 4 Session 5

Refund/Transfer Policies

Refunds, in full or in part, will only be given to individuals who have provided documentation of a medical circumstance that hinders participation. Full refunds will only be given if the Director has received notification prior to the beginning of the Session. Partial refunds will be given if a medial circumstance occurs during the Session and will be based on the number of days missed. Extenuating circumstances will be considered for non-medical refund requests.

Information for Parents and/or Guardians

Parent/Guardian's Night

On the Saturday night before each Session, at 4pm – 5pm in the Main Gym of the NMSU Activity Center, there will be a "Meet the Counselors and Tour the Camp" night. Parents/Guardians and Campers from all Sessions are encouraged to attend. This is a great opportunity to get to know the Director and Counselors that your Camper(s) will be spending the week with, and to address any immediate concerns. Parents/Guardians and Campers will also have the opportunity to tour the facilities and see what a day in the life of a Camper will look like.

Sports Camp Structure

Programs for 5-8 year-olds will focus on developing gross fundamental motor skills and pro-social behavior that set the stage for success in personal and sports performance later in life through leadup games, coordination-focused games, and traditional and non-traditional physical activities.

Programs for 9-12 year-olds will focus on developing fine motor skills as well as beginning instruction on developing skills necessary to participate in specific sports such as softball, soccer, volleyball, badminton, football, basketball, floor hockey, ultimate Frisbee, swimming and cooperative games. Positive competition is introduced, and individual leadership is used.

See Appendices A & C for a more detailed schedule for your Camper's Age

What to Bring for Camp

- This is an activity-based Camp, so please dress your Camper(s) in athletic summer attire: shorts/pants, light weighted shirts, socks, and athletic shoes.
- Campers will need to pack an appropriate swimsuit, flip flops, and a towel on Pool days.
 Sunscreen and safety flotation devices will be provided when necessary. We have LOTS of pool toys!
- 5-6 year old Campers will need to bring a snack, as they have snack time each day. If you forget to provide one, your Camper will be offered fresh fruit from the Taos cafeteria.
- During Post-Camp it sometimes gets cold in the Gymnasium, so pack a light jacket if you Camper gets chilly.
- Have your Camper wear their Youth Sports Camp t-shirt (given on Monday) on Friday for Age Group photos! We will post Age Groups to the Facebook NMSU RecSports page:

https://www.facebook.com/NmsuRecSports/

What to Leave at Home

- Toys, games, or personal items. These items are distracting from the Camp, and often become sources of conflict between Campers.
- Money. There is nothing your Camper is able to purchase at Camp.
- Electronic Devices. If you require your Camper to have a cell phone, it must be arranged with Staff, and be secured in their backpack.
- NMSU Youth Sports Camp **WILL NOT** be held responsible for any lost, stolen or damaged items.

Daily Check-In/Check Out

Each day, your Camper(s) must be signed in and out by a Parent/Guardian. Parents/Guardians are encouraged to introduce themselves to the Counselors, and to ask any questions they or their Camper(s) have. A positive rapport among Parents/Guardians and Camp Staff encourages Campers' behavior and helps them feel comfortable in a new environment.

Check-In and Check-Out will occur in the Activity Center Parking Lot, directly across from the Activity Center for Campers that do not stay for Post-Camp. There will be Staff on hand to greet and receive your Camper(s).

See Appendix C for a Map of NMSU Sports Camp Area and Drop-Off/Pick-Up Location

Pre-Camp and Post-Camp

Camp Staff will be available for Campers during Pre- and Post-Camp activities from 12:00pm – 12:45pm and 5:30pm - 6:30pm. There is a flat rate regardless if a Camper stays the entire time. Counselors will engage your Camper with additional activities, or allow them free-time.

- Your Camper(s) **CANNOT** be dropped off prior to 12:00pm for Pre-Camp.
- Parents/Guardians who pick up Camper(s) after 6:30p.m. will be charged a \$15 fee for the first 15 minutes; thereafter, they will be charged \$2 per minute.

Please note:

At any time, you may add or remove Authorized Persons for your Camper by providing their legal names, in writing, to the AggieFit Office or to the Camp Director. Sports Camp Staff is not responsible for communicating Camper pick-up among any authorized adults. The responsibility remains among those individuals.

Without authorization from the Parent/Guardian, we **<u>cannot</u>** allow any person not formally identified to pick up your Camper(s), nor can we deny an authorized person the same.

Late Camper Arrivals

If you arrive late to Camp, your Camper(s) still must be signed in by a Parent/Guardian. You must bring your Camper(s) inside the Activity Center and deliver them to their respective Age Group. Staff at the front desk will be able to assist you with this.

Early Dismissal

For accountability purposes, Parents/Guardians are required to inform the Camp Director any time a Camper will be picked up early, even if they are returning later. The Camp Director will arrange for your Camper to be ready at the required time, and deliver them to you.

Please Note:

Please allocate at least 15-20 minutes for the early pick up process.

Camper Expectations

Qualifying Skills

The following competencies are necessary for successful Camp participation. All Campers must be able to demonstrate the following behaviors with minimal to no assistance:

- Separate from their Parent/Guardian
- Actively participate in a full-day Camp
- Follow and accept directions and structure
- Take turns, share, and cooperate with their Age Group
- Ability to communicate their needs to Staff and fellow Campers
- Respect others and their property
- Be able to dress themselves and use the restroom independently

Behavior and Conflicts

Meeting new people and making new friends is an exciting time for our Campers and Counselors alike, whether this is their First day at Camp, or their Tenth. Our goal is to provide each Camper with the activities, situations, and skills necessary to positively interact with their Age Group and resolve conflicts in a manner that is appropriate and with regard to other Campers' feelings. We seek cooperative and effective solutions by using the following techniques:

- Establish Mutual Respect
- Teach Ground Rules
- Clarify Expectations
- Display a Positive Role Model
- Be Consistent

- Offer Realistic Choices
- Provide Encouragement
- Encourage Problem Solving
- Offer Assistance
- Be Willing To Start Over

Discipline

At NMSU Youth Sports Camp, our intent is not to punish negative actions and behaviors, but to promote positive ones. Disciplinary action, when required, will be documented and forwarded to the Parent/Guardian, and the Camp Director will work with them to promote positive behavior to ensure you Camper has the best possible experience at NMSU.

Depending on the severity and frequency of the offense, Staff will take the following steps:

- 1. Ensure Understanding: Counselors will discuss what the appropriate behavior with the Camper(s) is, and ensure clarity of expectations.
- 2. "Time-Out" to Re-Focus, where the Camper will be set aside, in a safe place, away from the Age Group. Expectations will be readdressed, and a plan of action will be discussed.
- 3. 1-Day Suspension. Camper will be required to leave Camp for the day, a plan of action will be discussed with the Parents/Guardians, and the Camper is welcome back the next day.
- 4. Dismissal from Camp. Campers dismissed from Camp for disciplinary reasons will not be allowed to return for the remainder of the summer.

NOTE: Refunds, in full or part, will not be given for Suspensions and Dismissals from Camp.

Illnesses and Injuries

The NMSU Sports Camp does not have the accommodations necessary to provide care for Campers who are ill or previously injured. Please do not send your Camper(s) if they are not well enough to participate in all Camp activities. For everyone's safety and well-being, we cannot allow Campers with contagious or communicable disease to attend Camp.

Please keep your Camper(s) at home if any of the following symptoms develop:

- Diarrhea
- Fever of 100 degrees or above
- Severe coughing
- Unusual spots or rashes
- Difficult or rapid breathing
- Sore throat/trouble swallowing
- Infected skin patches

- Tears, redness of eyelids with discharge
- Headache and/or stiff neck
- Mouth sores
- Vomiting
- Severe itching of body or scalp
- Severe cuts or open sores

Camper(s) must be free of symptoms for **24** hours, or have a physician's authorization, in order to participate at Camp.

If your Camper becomes ill or injured during Sports Camp, we will administer First Aid and contact the listed Parent/Guardian and Emergency Contact immediately. We ask that you pick up your Camper(s) promptly to best determine their medical needs.

In the event of a serious illness or accident, we will administer first aid and call EMS, and your Camper(s) will be transported to the nearest hospital. You will be notified of the injury, the EMS agency, and the medical facility your Camper is being treated at.

Medication

If possible, please try to schedule doses while the Camper is home. Medication must be given to the Camp Director – Camper(s) may not carry their own medication. Rescue medications will be kept by the Counselor assigned to your Campers' Age Group.

Confidentiality

The NMSU Sports Camp respects the rights of each family to privacy and confidentiality regarding health, behavioral, and developmental records and information concerning their Camper(s). The practice of maintaining the confidentiality of verbal information and written records is a basic ethical policy at NMSU, and suspected infractions will be addressed immediately.

Reporting Suspected Abuse or Neglect

NMSU Employees who suspect a Camper is a victim of abuse/neglect are legally required to report the matter immediately to the Camp Director. The Director shall document, in writing, all facts of the situation. The Director will report all facts to the Department of Social Services and relevant law enforcement, and when appropriate, inform the Parent/Guardian.

Questions or Concerns

Camp Questions or Concerns

A healthy relationship between Camp Staff, the Camper, and the Parents/Guardians is necessary to fully empower your Camper to succeed at Camp, and also have fun! The Camp Director has an open-door policy for any questions, comments, or concerns that may arise during a Session. Daily Drop-Off and Pick-Up is usually the most convenient times to have these conversations, and the Camp Director will make every effort to speak with you privately, or at another time, when needed.

Camp Director: Anthony McGlone

575-646-5150 antmcg79@nmsu.edu

Registration Questions

Life consistently throws us curves, and we want to make sure your Camp experience is the best possible for your Camper. If you ever have any registration needs, questions, or scheduling issues, please contact the AggieFit Office.

NMSU Aggie Fit Office

575-646-2907 aggiefit@nmsu.edu

Facility Questions

Southern New Mexico experiences heavy rains and severe storms during the summer, and there is always at least one soggy day at Camp. In the event of inclement weather, an email will be sent to the Parent/Guardian with information. If you do not receive one, please contact the NMSU Activity Center for information about Camp that day. We have yet to cancel a day of Camp due to weather, but have modified Drop-Off/Pick-Up locations and activities due to flooding and lightening. At the very least we will ask you to bring an extra pair of socks for your Camper.

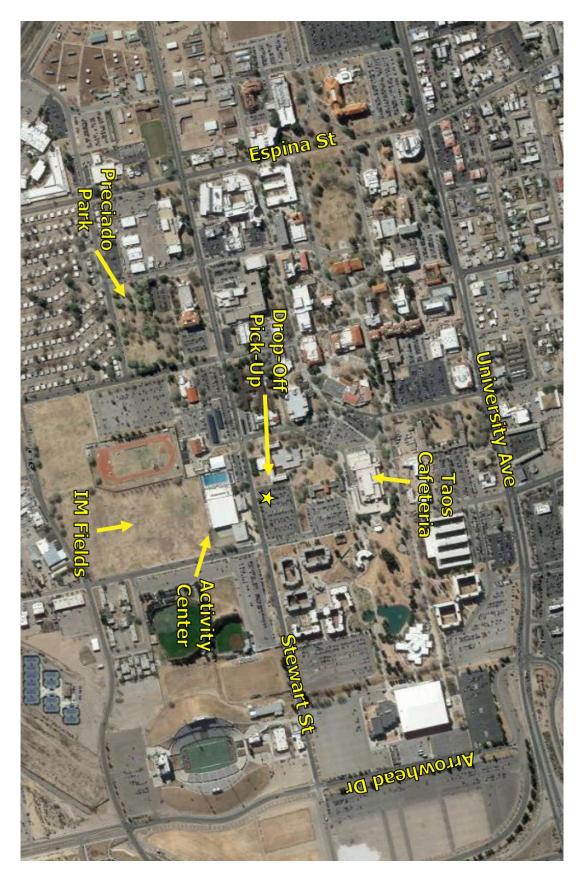
NMSU Activity Center Front Desk

575-646-2885

APPENDIX A: NMSU Youth Sports Camp General Schedule

		12:00	12:45	1:15	2:15	3:15	4:15	5:15	6:30
. w	5уо - буо	Pre Camp	Drop Off	Warm Up	Group Activity	Pool	Group Activity	Pick Up	Post Camp
Me od nn	7уо - 8уо	Pre Camp	Drop Off	Warm Up	Group Activity	Pool	Group Activity	Pick Up	Post Camp
a e s y d & a	9уо - 10уо	Pre Camp	Drop Off	Warm Up	Group Activity	Group Activity	Pool	Pick Up	Post Camp
y	11yo - 12yo	Pre Camp	Drop Off	Warm Up	Group Activity	Group Activity	Pool	Pick Up	Post Camp
		12:00	12:45	1:15	2:15	3:15	4:15	5:15	6:30
т.,	5уо - буо	Pre Camp	Drop Off	Warm Up	Park	Group Activity	Group Activity	Pick Up	Post Camp
u e h s r	7уо - 8уо	Pre Camp	Drop Off	Warm Up	Park	Group Activity	Group Activity	Pick Up	Post Camp
as yd ya	9уо - 10уо	Pre Camp	Drop Off	Warm Up	Group Activity	Park	Group Activity	Pick Up	Post Camp
& ^y	11yo - 12yo	Pre Camp	Drop Off	Warm Up	Group Activity	Park	Group Activity	Pick Up	Post Camp
		12:00	12:45	1:15	2:15	3:15	4:15	5:15	6:30
	5уо - 6уо	Pre Camp	Drop Off	Warm Up	Climb Wall	Group Activity	Field Day	Pick Up	Post Camp
F r i	7уо - 8уо	Pre Camp	Drop Off	Warm Up	Climb Wall	Group Activity	Field Day	Pick Up	Post Camp
d a Y	9уо - 10уо	Pre Camp	Drop Off	Warm Up	Group Activity	Climb Wall	Field Day	Pick Up	Post Camp
	11yo - 12yo	Pre Camp	Drop Off	Warm Up	Group Activity	Climb Wall	Field Day	Pick Up	Post Camp

APPENDIX B: NMSU Youth Sports Camp Area Map



Revision: 2022

APPENDIX C: Required Forms

	Mandatory Signature of Consent and Compliance As the parent/guardian of this Camper applicant, I agree to comply with and consent to NMSU Youth Sports Camp policies and procedures, as evidenced by signing and submitting the following forms: 1) Informed Consent and Assumption of Risk, 2) Medical Information and Treatment Authorization, and 3) Sports Camp Code of Conduct.	I, (Printed Name of Parent/Guardian) hereby give New Mexicc State University irrevocable rights and permission to use, publish, and retain copyright to any and all images, photographs, video, audio and other likenesses of the participant for all media and all forms. I recognize them as the property of NMSU, solely and completely. I hereby release NMSU from any and all claims including libel and invasion of privacy, resulting from the use of the aforementioned images.	Emergency Contact:Phone:Phone:Preferred Email:	Parent or Guardian:Phone:Phone:Phone:	Name of Camper: Preferred Pronouns: HIS/HERS/THEIRS (circle) Upcoming Grade: Age: Gender: MALE/FEMALE (circle)
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Camp Registration

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Camp

2022

Registration

Application

(One application per

t Size:

Applications and Payment are due the **TUESDAY** prior to each Session.

- Registration begins April 15, 2022.
- One application per Camper is required, and all forms must be completed.
- Only Debit/Credit cards are accepted.
- Payment and registration can be made at the NMSU Activity Center, Rm. 101.

Sessions and Fees

Camp: 12:45pm – 5:15pm, Monday-Friday \$70 per Session \$25 Registration Fee					
Pre-Camp: Post-Camp:	12:00pm – 12:45pm \$25 5:30pm – 6:30pm \$35				
Session 1	June 13 - June 17				
Session 2	June 20 – June 24				
Session 3	June 27 – July 1				
Break	No Session July 4 - 8				
Session 4	July 11 – July 15				
Session 5	July 18 – July 22				
Session 6	July 25 – July 29				

Registration Fee is one-time and includes Camper T-shirt and Water Bottle

Federal ID Number 85-6000401

For more information or questions contact:

Anthony McGlone Director, NMSU Youth Sports Camp antmcg79@nmsu.edu 575-646-2907

New Mexico State University Youth Sports Camp 2022





____Date:

Signed:

Youth Sports Camp

The NMSU RecSports Camp provides a sports and development experience for boys and girls ages 5-12. The Camp develops a wide variety of fundamental physical activity skills that are inherent to a healthy lifestyle and a lifetime of physical fitness.



Curriculum

Programs for 5-8 year olds: Will focus on developing gross fundamental motor skills and pro-social behavior that set the stage for success in sports performance later in life through lead-up games and traditional and non-traditional physical activities.

Programs for 9-12 year olds: Will focus on developing fine motor skills as well as beginning instruction on developing skills necessary to participate in specific sports such as Softball, Soccer, Volleyball, Badminton, Football, Basketball, Floor Hockey, Ultimate Frisbee, Swimming and Cooperative Games.





Pre-Camp and Post-Camp

For an additional fee, Staff will be available to supervise Campers during pre- and post-camp activities. There is a flat rate regardless if a Camper stays the entire time.

Pre-Camp: \$25

Post-Camp: \$35

Guardians who pick up Campers after 6:30p.m. will be charged a \$15 fee for the first 15 minutes; thereafter, they will be charged \$2 per minute.

Refund Policy

Refunds will only be given to individuals who have provided documentation of a medical circumstance that hinders participation. Full refunds will only be given if the Director has received notification *prior* to the beginning of the Session. Partial refunds will be given if the medial circumstance occurs during the session and will be pro-rated.



able to swim sa and comfortably Is your Campei **S** at least 4 feet water withou assistance? Yes

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total Campers per session. and Fees

Sessions Limit 76



NMSU Sponsored Youth Program MEDICAL INFORMATION AND TREATMENT AUTHORIZATION

No Participant may attend any programs, events, camps or retreats for minors, sponsored by New Mexico State University (NMSU), prior to the completion of this form by a custodial parent or a legal guardian. Additional pages may be attached if needed.

Participant Information:

Participant Name:						
Name of Custodial Parent(s) or Legal Guardian:						
Physical Home Address:						
Local Address (if different):						
Participant Phone No.:						
Age:		Birth Date:				

Emergency Contact Information:

Emergency Contact Name:	
Phone Numbers:	
Alternate Emergency Contact:	
Phone Numbers:	

Personal Physician (Primary Care) Information:

Physician Nan	ne:		
Phone Numbe	ers:		

Health Insurance:

Insurance Company Name:	
Name of Policy Holder:	
Identification No.:	

NMSU PERSONNEL RECEIVING COMPLETED MEDICAL INFORMATION FORMS ARE RESPONSIBLE FOR CONFIDENTIALTY OF INFORMATION AND WILL SHRED FORMS AT PROGRAM CONCLUSION, UNLESS MEDICAL TREATMENT WAS PROVIDED.

Participant's Immunizations:

List immunizations which are <u>not</u> current:	
Date of most recent Tetanus vaccination:	

Participant Medical Background

Special services required due to physical or medical condition:		
Restrictions on physical activities:		
Medications (prescription and over the counter) currently taken, including dosage and frequency:		
Describe any assistance needed with medication management:		
Vision – does Participant utilize glasses or contact lenses?		
Dietary Restrictions:		
Allergies (medications, foods, insects, plants):		
Medical History – mark any that apply to participant.	Heart DiseaseYe EpilepsyYes DiabetesYes	es AsthmaYes High Blood PressureYes
Other medical information of which NMSU should be aware:		

By signing below, I represent that I am a custodial parent or legal guardian of the Participant indicated above, who is under the age of 18, and that the information provided above is accurate. My signature also represents my permission for treatment by a licensed physician (if medical treatment is deemed necessary by the physician) and my acceptance of complete financial responsibility for all medical services rendered to the Participant.

Parent or Legal Guardian

Date

Printed Name of Parent or Legal Guardian

NMSU PERSONNEL RECEIVING COMPLETED MEDICAL INFORMATION FORMS ARE RESPONSIBLE FOR 2 of 2 CONFIDENTIALTY OF INFORMATION AND WILL SHRED FORMS AT PROGRAM CONCLUSION, UNLESS MEDICAL TREATMENT WAS PROVIDED.



For the safety and positive growth of all Campers, the following Violations will not be tolerated at Sports Camp:

- Possession of a weapon.
- Possession, distribution, or use of controlled substances, illegal drugs, counterfeit drugs, intoxicating substances or alcohol. These infractions will also be reported to the police.
- Purposely setting fire within Camp facilitates and/or tripping the fire alarm.
- Physically assaulting a Staff member or fellow Camper.
- Intentionally or recklessly causing or threatening physical or emotional harm to another Camper, or behaving in such a manner as to present an imminent risk or such harm.
- Willful Acts of Bullying.
- Theft of property in any form.
- Gross Insubordination: Failure to comply with directions or otherwise acting in defiance of Camp authority after a specific warning.
- Intentionally or recklessly damaging NMSU or private property, or behaving so as to present imminent risk of such damage.
- Engaging in inappropriate or non-consensual physical contact between Campers.
- Using profane, vulgar, or other improper language or gestures.
- Failing to be at the assigned location. This includes but is not limited to switching Groups without permission, leaving your Group, and/or roaming Campus.
- Horseplay (or dangerous behavior) such as running, shoving, dunking is not permitted.
- Unauthorized use of Electronic Devices. Cell phones will be allowed in ONLY at the Parent/Guardian's request.
- Aiding or abetting any violation of this code.

Noncompliance to the Code of Conduct will lead to dismissal from the NMSU Youth Sports Camp

Code of Conduct Compliance Statement

I have read and agree with the NMSU Sports Camp Code of Conduct. I have explained the expectations to my Camper(s) and they abide by these guidelines.

Parent/Guardian/Guardian:		Date
	(sign)	
Camper:		Date
-	(sign)	



NMSU YOUTH PROGRAM

INFORMED CONSENT AND ASSUMPTION OF RISK DECLARATION

EVENT TITLE: NMSU Youth Sports Camp

NMSU SPONSORING UNIT: NMSU Recreational Sports

LOCATION OF THE EVENT: NMSU Activity Center

PARTICIPANT: _____(print name)

PARTICIPANT AGE AT THE TIME OF SIGNING: _____(if minor)

EVENT ACTIVITIES

The event listed above will include the following activities:

- (1) Physical activity including swimming, jumping, walking, diving, competitive physical games, use of sports equipment, and safety equipment.
- (2) Close engagement with other participants and event supervisors who may have contagious illness, or engage in unapproved and unexpected conduct.
- (3) Photography or video filming of participants.

ASSUMPTION OF RISK:

The event and activities as described above have certain inherent risks. While it is impossible to predict with certainty all of the potential risks that may be encountered, you should be aware of the risks specifically described below. Your signature on this document indicates that you have made the determination that your child has the maturity and ability, physical and mental, to safely participate in the activity (with or without disability accommodation). Your child's participation is voluntary and by allowing your child to participate, you are acknowledging that the risks of this activity are acceptable to you. You understand and acknowledge that NMSU does not provide medical insurance for participants and that you will be financially responsible for any injury or illness occurring during the event.

POSSIBLE RISKS:

- The carelessness or dangerous actions of other participants in this activity.
- The possibility of unknown or unrecognized defects or hazards in equipment or • facilities.
- The hazards of unpredictable weather conditions and natural disasters.
- Participant's disregard of instructions or directives, or failure of participant(s) to be attentive to instructions and rules.
- Participant's failure to wear or utilize personal protective equipment or gear as provided or as required for participation.
- Ordinary injuries inherent in physical activity, physical sporting competitions or aquatic play.
- Illnesses associated with close contact with other participants and event supervised states and event states a

MEDICAL ISSUES AND TREATMENT:

In addition to signing this document, a custodial parent or legal guardian must also complete NMSU's Medical Information and Treatment Authorization form (separate document). This document will enable NMSU to promptly obtain medical treatment if your child should become ill or injured during the course of the Event. Should illness or injury occur, NMSU will notify you as soon as is reasonably possible, and unless the need for treatment is urgent, will ask you to retrieve your child and make arrangements for treatment as you deem appropriate. You agree to promptly retrieve your child if you are notified of an apparent illness or possible injury.

DECLARATION OF PARENT OR LEGAL GUARDIAN

By signing below, I represent that I am a custodial parent or legal guardian of the Participant indicated above. In consideration of the opportunity to participate in the Event that NMSU is providing, and on behalf of my child (or ward), I give my consent for my child (or ward) to participate, and on behalf of my child, I ASSUME ALL RISKS that relate to my child's participation in the Event.

_____ Date

Parent or Legal Guardian