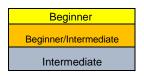


Fitness Classes: Summer Interim Active Dates: May 13th- May24th









Visit our website! - recsports.nmsu.edu PROPER ACCESS TO THE ACTIVITY CENTER IS NECESSARY FOR PARTICIPATION

MON 5/13	TUES 5/14	WED 5/15	THURS 5/16	FRI 5/17
Cardio Combo (aerobic rm)	Buns & Abs (Tammy)	Group RIP (aerobic rm)	Cadrio Combo (Tammy)	
(Tammy) 12-1pm	12-1pm (aerobic rm)	(Tammy) 12-1pm	12-1pm (aerobic rm)	
Yoga (Luis)	Yoga (Angelina)	Yoga (Soquel)	Yoga (Luis)	
12-1pm (yoga rm)	12-1pm (yoga rm)	12-1pm (yoga rm)	12-1pm (yoga rm)	
	Indoor Cycling		Indoor Cycling	
	(Amanda) 12-1pm		(Amanda) 12-1pm	
MON 5/20	TUES 5/21	WED 5/22	THURS 5/23	FRI 5/24
Cardio Combo (aerobic rm)	Buns & Abs (Tammy)	Group RIP (aerobic rm)	Cardio Combo (Michelle)	
(Tammy) 12-1pm	12-1pm (aerobic rm)	(Michelle) 12-1pm	12-1pm (aerobic rm)	
Yoga (Luis)	Yoga (Angelina)	Yoga (Soquel)	Yoga (Luis)	
12-1pm (yoga rm)	12-1pm (yoga rm)	12-1pm (yoga rm)	12-1pm (yoga rm)	
	Indoor Cycling		Indoor Cycling	
	(Amanda) 12-1pm		(Amanda) 12-1pm	
	A mai a Fit	Namakiaa Olaas	Deliaine	

AggieFit Aerobics Class Policies

- 1. The displayed schedule does not reflect classes offered during any given semester breaks or interim periods.
- 2. Please note class location. MOST classes take place within Room 124 of the Activity Center, unless otherwise noted.
 - 3. Class space and equipment are limited. CLASSES ARE CONDUCTED ON A FIRST COME, FIRST SERVED BASIS.

Once a classroom reaches maximum occupancy, no other patrons will be admitted.

- 4. PLEASE BE COURTEOUS TO INSTRUCTORS AND OTHER CLASS PARTICIPANTS TURN ALL CELL PHONES ON SILENT AND REFRAIN FROM TALKING/TEXTING ON THEM WHILE CLASSES ARE IN SESSION.
 - 5. For more information call 646-2907 or email: aggiefit@nmsu.edu
 - 6. There are no classes on University holidays.

