

Fitness Classes: Fall 2015 Active Dates: August 19-December 23









Visit our website! - recsports.nmsu.edu PROPER ACCESS TO THE ACTIVITY CENTER IS NECESSARY FOR PARTICIPATION

MON TUES WED THURS FRI Yoga (Anita) Yoga (Luis) 7-8 am (mat room) Yoga (Maria) 7-8 am (mat room) 7-8 am (mat room) 7-8 am (mat room) Yoga (Maria) 7-8 am (mat room) 7-8 am (mat room) 7-8 am (mat room) Yoga (Maria) 7-8 am (mat room) 8 tep Aerobics (Eadi) 12:00-1:00 Yoga (Amber) 12-1pm 12-1pm 12-1pm (Tammy) 12-1pm (Tammy) 12-1pm Yoga (Amber) 12-1pm (mat room) 12-1pm (m		COLOR IO IIIL ACIII	THE SECTION OF THE	<u> </u>	<u> </u>
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Noon Ride	Yoga (Maria)	Morning Ride	Yoga (Maria)	Morning Ride	Yoga (Maria)
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AggieFit Aerobics Class Policies

- 1. The displayed schedule does not reflect classes offered during any given semester breaks or interim periods.
- 2. Please note class location. MOST classes take place within Room 124 of the Activity Center, unless otherwise noted.
 - 3. Class space and equipment are limited. CLASSES ARE CONDUCTED ON A FIRST COME, FIRST SERVED BASIS.

 Once a classroom reaches maximum occupancy, no other patrons will be admitted.
 - 4. PLEASE BE COURTEOUS TO INSTRUCTORS AND OTHER CLASS PARTICIPANTS TURN ALL CELL PHONES ON SILENT AND REFRAIN FROM TALKING/TEXTING ON THEM WHILE CLASSES ARE IN SESSION.
 - 5. For more information call 646-5178 or email: aggiefit@nmsu.edu
 - 6. There are no classes on University holidays.